

## BIOGRAPHIES:



### Dr. Appachanda Thimmaiah

Dr. Thimmaiah is an expert in organic, biodynamic and Vedic regenerative agriculture systems. Through constant innovation & research, he has developed many low-cost farming solutions utilizing natural resources that are

benefiting thousands of farmers in different countries. Globally he has played a leading role in the development, coordination, and implementation of strategies, programs & policies addressing the issues of food security, climate resilient sustainable agriculture, rural poverty reduction, sustainable development & Gross National Happiness (GNH). He has advised leading agribusiness companies, international organizations (FAO, IFAD, ICIMOD, IDRC and SNV), non-governmental agencies, farmer groups, research organizations and governments in India, Nepal, Sri Lanka, Bhutan, Costa Rica, Holland, Taiwan, Bali, Italy and US on food and agriculture. As a consultant to the Ministry of Agriculture and Forests, Royal Government of Bhutan from 2008-2013, he developed the organic standards, guidebooks, training manuals and zero-cost certification system to empower the farmers and facilitate the Himalayan nation to go 100% organic by 2020. Thimmaiah holds a Ph.D. in Biodynamic agriculture from the Indian Institute of Technology (IIT) in Delhi, India.

Email: [thimmaiah@regenerative-agriculture.net](mailto:thimmaiah@regenerative-agriculture.net)



### Joshua Ecklund –

*Eurythmy Teacher and Faculty Chair.* Joshua is a graduate of America Eurythmy School in 2003. He teaches Eurythmy at Pleasant Ridge Waldorf School. Joshua is working with us in his appreciation and support of Biodynamic Agriculture.

MIDWEST  
BIODYNAMIC

# Winter Gathering 2019

PLEASANT RIDGE  
WALDORF SCHOOL  
VIROQUA, WISCONSIN



**In the Agriculture lecture which led to the development of Biodynamics, R. Steiner speaks at length about the cosmic and earthly substances and forces involved in plant, animal, and human health. Many people find this part challenging to understand. We asked Dr. Thimmaiah to help us deepen our insight into this important dimension of R. Steiner's teachings.**

## SCHEDULE

### Friday Night

6:00-7:00 Registration and Social Time  
7:00-8:30 Lecture by Dr. Thimmaiah on  
Biodynamics in the World today  
and why it is important. See more about  
the program below.

### Saturday

8:00-9:00am Social Time and Registration  
9:00 Welcome and Introductions  
10:00 Eurythmy  
11:00 Lecture by Dr. Thimmaiah on similarity  
between Biodynamic Agriculture and Vedic  
Roots  
12:30-2:00 Lunch  
2:00-2:15 Reading by Marcia Halligan from her  
book: *Hidden in the 13th Moon*  
2:30-4:00 Conversation: What can we do today in  
the Midwest to encourage/promote  
Biodynamics?  
4:00-4:30 Break  
4:30-5:30 Closing and Review

*The program is lead by Dr. Appachanda Thimmaiah, who has spent his career developing low-cost organic farming solutions worldwide. Dr. Thimmaiah has advised various international organizations, agri-business corporations, governments and NGO's in India, Nepal, Bhutan, Sri Lanka, Italy, Holland, and Costa Rica, and facilitated Bhutan's transition to the world's first 100% organic and carbon neutral nation. Read more about Dr. Thimmaiah and his work in this article by VICE — MUNCHIES*

[https://munchies.vice.com/en\\_us/article/wbxbjnl/this-man-is-helping-the-entire-country-of-bhutan-go-organic](https://munchies.vice.com/en_us/article/wbxbjnl/this-man-is-helping-the-entire-country-of-bhutan-go-organic)



## GATHERING FEE

**Full conference \$55.00**

***This includes Saturday's lunch and snacks at breaks.***

Friday evening and Saturday talks are open to the public, evening and Saturday talks are open to the public, \$12.00/Talk. Meal costs \$12 lunch. We will make special arrangements for a lesser fee for anyone who cannot afford \$55.00.

## REGISTRATION

For advance registration or special arrangement contact: **Beth Schaldach**

P.O. Box 3481

La Crosse, WI 54602

Phone (608) 317-3304

## ACCOMMODATIONS

Home stay arrangements will be handled by **Kathy Lofton**

Text or leave a phone message.

Phone (608) 606-9045

We will work to provide home stays for everyone who requests one. Some homes will be free and others will cost \$20.00 per night. Please contact Brian with your requests. Home stays will be reserved on a first come first served basis.

**Local accommodations are also listed below:**

Heritage Inn B&B 608-637-3306

(One block away from school, discount rate.)

Vernon Inn and Suites, 608-637-3100

(Formerly Super 8 Motel)

Midway Motel 608-637-2929

Hickory Hill Hotel 608-637-3104

Logan Mill Lodge, [www.loganmilllodge.com](http://www.loganmilllodge.com)

## MEALS

### Saturday Lunch

The menu will use locally and regionally grown organic and biodynamic food as much as possible.

*Chef Frank Wildingway manages the Ark cafe, which is referred to as the "Community Art Center in the Heart of Viroqua". <http://www.thearkviroqua.org/the-ark-cafe/>*

*Frank spends much of his time in kitchens where he is the happiest providing seasonal cuisine from local whole foods. The kitchen in some ways is Frank's second home and he has graciously agreed to provide an Indian meal with both vegetarian and meat options for us. Most of the ingredients for the noon meal will be locally sourced when possible.*



## GATHERING LOCATION & DIRECTIONS

**Friday and Saturday we will meet at:  
PRWS "Old Main Building" (OMB),  
321 E. Decker Street.**

Enter Viroqua on Hwy 14/16, turn east on Decker Street (Second set of lights if coming from the north or the south.) "The Old Main" (white church) is three blocks from Main St. at the corner of Decker St. and Washington Ave.

## BOOK EXCHANGE

A book exchange table will provide an opportunity to bring books about biodynamics, anthroposophy or related topics, and exchange them for others. We suggest a simple book for book trade. Bring as many books as you wish to trade. During breaks people can serve themselves at the exchange table.

### Questions and Information

Contact **Steven Adams and Marcia Halligan**

at [cocoon@mwt.net](mailto:cocoon@mwt.net) or leave a message

**608-637-2079**

*"Seek the real practical life, but seek it in a way that does not blind you for the Spirit working in it. Seek the Spirit, but do not seek it out of Spiritual greed or from Spiritual egoism, but rather because you want to apply it selflessly in practical life, in the material world.*

*Make use of the ancient principle: Spirit is never without matter, matter never without Spirit.*

*In other words, say to yourselves:*

*We will work with all material matters in the light of the Spirit and we will seek the light of the Spirit in such a way that it ignites in us a warmth for our practical deeds."*

*-Rudolf Steiner*

